

Pure Presence

I AM - meditations

I Am Declarations



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*The **I Am declarations** were given to me on a weekly basis. Direct expressions of I Am. Over a period of 6 weeks we used the declarations in the Iwihub.com series - Pure Presence - Live Streams on Youtube @iwihub*

The Art Of Meditation of Joel Goldsmith was the initial inspiration for the I Am declarations you read in this booklet.

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*"I am the Alpha and the Omega,"
says the Lord God, "who is and who
was and who is to come, the
Almighty."*

Revelation 1:8

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God is the Mind of my Being

In me fear is impossible
Love is What I am
God is the Mind of my Being
There is One Mind that I share with God

A mind apart from God has no reality
A soul apart from God does not exist
Belief in sin and guilt is sheer ignorance
Spiritual vision reveals
My nature is of God, has qualities of God

God as the Father
God as the Son
In this realization of Oneness
Is my completed-ness and Perfection

I and my Father are One
I Am in the Father and the Father is in me
I Am the Son my Father loves
Abiding in me and in my Father
Is Peace, Security and Joy

The Nature of God is I

No matter where I appear to be
I Am, standing on holy ground
I Am, directed by the Voice of God
His Voice is present in each of us
I accept God as One
God the universal Father
God the Son

The nature of God is I
The I Am that dwells in the midst of me
That I Am which I recognize
Individualized as my own being

I Am The Word Become Flesh

I Am the Reverence and the Grace come for every
man woman and child

I Am the Light Divine

United in me are the forces of the Invisible

Expressed through me as the visible expression of
intelligence, life, love, and joy.

I Am the Reverence and the Grace come for every
man woman and child

In this light I recognize every one as an expression
of the infinite divine Being

pouring Itself into manifestation.

I Am the Love that is the Universe

I Am the Reverence and the Grace come for every
man woman and child

I Am the activity of God, the creative Principle,

God incarnated Itself as the very mind, soul,
substance, and life of our being even the substance
of our body.

I Am Divine Presence

I Am Divine Presence

In me is His Function fulfilled

In me is His Justice complete

In me is His Grace flowing in all Power

I Am Divine Presence

In me is His Peace the purity of Stillness

In me is His Presence everlasting

In me is His Love Perfected

I Am Divine Presence

His Love is reflected through everyone I meet

His Love is the Fatherly embrace

My Father loves me forever as His Child

I am Divine Presence

The Security and Safety in Oneness

One in All

All in One

I Am Spirit

I Am Spirit
Created in the likeness of my Father
I Am the Breath of Life
I Am the Temple of the Living God

I Am Spirit
No form can contain me
I Am the Expansion
I Am not a body

I Am Spirit
No time affects me
I Am timelessness Itself
I Am Life eternal

I Am Spirit
No place can locate me
I Am everywhere
I stand on holy ground

I Am Spirit
Free to love
Free to for-give
Free to receive

I am the flow of Divine Love

God is the One Mind in me
I Am the One Intelligence
The Infinite Intelligence
That works in me
That flows through me

One Intelligence speaks
One Intelligence hears
As One
I Am the Agreement
In God there is no conflict

God is One Mind
I Am the One Mind
Communicating as One
With every aspect of Creation

God speaks unto God
Life reveals itself unto Life.
Soul speaks unto Soul

I Am the Instrument
Of Divine Communication
I Am the flow of Divine Love
Here and Now

I Am All Inclusive

I Am the instrument of God
I Am the Illimitable Oneness
Beyond every expectation
Beyond seeming obstacles
The Flow of Divine Love Itself

I and the Father Are One
I Am the Activity of God
I Am the God-impulse
Inclusive of All

Including persons and places
Including the range of immediate environment
And beyond all this
Throughout the Universe
I Am All Inclusive

I Am The Wellspring of Water

I Am the water that springs up into life Eternal
I Am The Bread Of Life
I Am the Word of God
The wine, the water and the meat
The nourishment, the sustenance
To my body, my Being, my Spirit and my Soul

I Am the meat the world knows not of
I Am the wellspring of water
Springing up to Life Everlasting

I Am the wine, the inspiration, the spiritual wisdom
I Am That which enlightens and uplifts
God It is that enlightens and uplifts
God it is that inspires
God it is that illumines

I Am the Christ that knows all things
I Am the Christ that is Wisdom
I Am the Word of God
Mighty in the midst of me
Revealing the perfect temple of God
The Body not made with hands
Eternal in the Heavens

I Am sustained by the Love of God

I Am the Storehouse
Of Infinite Spiritual Unfoldment
I Am the Abundance

God has given me Infinite Bounty
Unlimited in Its expression
The earth is the Lord's
And the fullness thereof
The silver is the Lord's
The gold is the Lord's

I Am the silver
I Am the gold
I Am Infinite Supply
I Am sustained by the Love of God

Thank you Father, I Am.

Thank you Father, I Am.
That which I have been seeking,
I already am.
I Am the Christ, your holy Son

I Am that center of God-being
through which God pours Its infinite good
to this universe;

I Am the instrument of God
My only purpose on earth is
to bear witness to God's glory
God's greatness,
and to God's infinity

I Am unlimited
No personality can restrict me
No subconsciousness can limit me
My Father created me, His Son
In and as perfect freedom

I Am come that ye might be fulfilled.
I go to prepare a place for you.
I Am the I of my being,
I Am the way
I Am the truth
I Am the Light

My Being is in God Alone

I Am in God Alone
My eyes are opened at last
to Spiritual Reality
A great mystery is revealed in me

The fog of mis-identity is lifted
The curtains of denial are opened
I Am in the Presence of God
My Being is fulfilled in Him

I Am ever with You
I hear Your Voice
My heart is open, I listen
Father, thank You for Your Presence

Your Holiness is mine
I Am the divine bread of Life
Maintained by Your Love
I Am the Light of Truth
I Am the Light of the world

I Am the avenue
Through which spiritual wisdom
Love, life and truth flows.

I Am Here And Hold Your Hand

I Am
No material obstacle,
No mortal, nor human obstacle,
Nothing real stands between me and God
I and my Father are One

In Thy Presences is the fullness of Life
All my desires blend into One
The single desire of the Son for the Father
It lifts me up close enough to realize
I Am in Thy Presence

I Am by Thy Grace
I Am fulfilled by Thy Grace
Desires for person, place, thing,
Desires for circumstance, or condition
Even my hope of heaven dissolves

Thy Grace is my sufficiency in all things
No desire for recognition, for reward,
Nor for gratitude, for love,
Not for understanding is left

I Am here
And hold Your Hand
Hunger and thirst have disappeared
All needs are satisfied
Knowing you are One with me

References of The Art Of Meditation - Joel Goldsmith

1. Chapter 7 For God so loved the world, p.41
2. Chapter 4 Indissoluble Union, p.26
3. Chapter 15 The beauty of holiness, p.73
4. Chapter 9 A Moment of Christhood, Practicing the Presence (Joel Goldsmith)
5. Chapter 7 Ye are the temple p.45
6. Chapter 9 For the Love of God, p.54
7. Chapter 9 For the Love of God, p.55
8. Chapter 8 Ye are the temple p.46
9. Chapter 9 The Silver Is Mine p.48
10. Chapter 10 The place whereon thou standest, p. 52-53
11. Chapter 14 The Tabernacle of God, p.70-71
12. Chapter 14 The Tabernacle of God, p.69

The New Heaven and the New Earth

1Then I saw a new heaven and a new earth, for the first heaven and the first earth had passed away, and the sea was no more.

2And I saw the holy city, new Jerusalem, coming down out of heaven from God, prepared as a bride adorned for her husband.

3And I heard a loud voice from the throne saying, "Behold, the dwelling place of God is with man. He will dwell with them, and they will be his people, and God himself will be with them as their God.

4He will wipe away every tear from their eyes, and death shall be no more, neither shall there be mourning, nor crying, nor pain anymore, for the former things have passed away."

Revelation 21: 1-4
English Standard Version

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