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One Body under God's Grace

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One problem which is uppermost in the lives of a great many people is that of health, that of an ailing or aging body.

Even those who are at the moment experiencing physical well-being are puzzled by the relationship of what they see as a material body to the spiritual scheme of things.

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- What about this body?
- How does it fit into a spiritual universe?
- Is this material body the Word made flesh?
- Is it the material body or only the spiritual body which is resurrected?
- Does the material body manifest God?

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Do not be too startled when I say to you that there is only one body: there is not a material body and a spiritual body. There is only one.

Here, as in every aspect of life, the principle of oneness apply.

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True, we entertain a material concept of body, and it is that concept of body which gets all twisted up and involves us in all manner of ills, but the body has no power to cause trouble; the body has no power to be good or bad, sick or well: It is our concept which appears as a sick or well body.

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When your concept is a material sense of body, you open yourself to all the sins and diseases to which the body may be subject.

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The moment, however, that you drop that concept and realize that there are not two or three or four kinds of bodies, but that there is only one body, and that body is the temple of the living God, God governed, God maintained, and subject only to the laws of God, you bring this very body under God's grace.

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From:

The Art Of Spiritual Healing - Joel Goldsmith

What about this body?

Excerpt