



## Program

### What is The Heart Of Mysticism?

Originally, “The Heart of Mysticism” is a collection of letters Joel Goldsmith sent out on a monthly basis, to his students and practitioners in the years 1954 - 1959 and in 2007 published in book form under the same title. (available here: <https://joelgoldsmithbooks.com>)

### How we use “The Heart Of Mysticism” in a new way?

Was “The Heart of Mysticism” previously a collection of letters, in the new series we use subjects mentioned in this book and relate it to tapes, to talks of Joel S. Goldsmith. We use subjects found in the Heart Of Mysticism (year 1957) and have related tapes we listen to. We also will have meditations inspired by the words of Joel Goldsmith.

**In total we will have 12 meetings and the series starts Sunday, March 29 2026 at noon Central Time USA/ CAN - 7 pm Central Europe Time**

# Overview

Per meeting - Subjects, short description by Joel Goldsmith and related tapes

## 1. Ephemeral Nature of Form

“The light shines. The light shines within you now; it moves in and out of your Soul, your consciousness, your mind, your Spirit, your being, and your body. There was a moment when there was only darkness, when you were a human being in spiritual darkness—a void, an emptiness, a barrenness, an incompleteness. Then, out of the nothingness of the Infinite Invisible, upon the face of that darkness, upon the face of that void, the Spirit moves”.

**Related Tape: 310A** - “God as Consciousness Appearing As Form”

## 2. Healing Principle Christ

“The Infinite Way stresses the subject of spiritual healing. In that regard, we follow the Master in his statement that the Christ-mission is to heal the sick and raise the dead. We, too, believe that the understanding of God builds for us a healing consciousness through which we are able to bring health, harmony, wholeness, and completeness into the lives of those of our fellow-men and women who really seek a spiritual order of life”.

**Related Tape: 342B** - “Transparency and the New Dimension”

## 3. Rightful Place Of The Body

“Remember, the body itself is as spiritual as we are. This form which we see is a mental concept of that body. It is merely a concept of that which is. If this which you see with your eyes were what it is, then it would always be what it is and would never change—never be young or old, sick or well. It is only because it is a concept of what it is that it changes. One day it seems healthy and one day sick, one day young and one day old, one day pretty and one day ugly, and all depending on what? On it? No, on what our view of it is. We are never seeing the body; we are seeing a human concept of body”.

**Related Tape: 355A** - “Identity”

## 4. Resurrection as the transformation of Life

“Resurrection is much more than lifting ourselves out of a tomb in order to walk the earth again. The Master has already made that demonstration for us. Even though to human sense we may appear to pass on, our resurrection is assured—in far less than three days. We shall never be entombed; we shall never be buried or cremated—that will never happen to us. The tomb is our own concept of body”.

**Related Tape: 361B** - “The peak of mystical living”

## 5. Divine Adequacy

“The day comes, however, when this Withinness, this inner Self, is functioning all the time, and most of the time we are consciously aware of It, and on the few occasions when we are not, we can restore ourselves to Its awareness by deeper meditation. It is always present, awaiting our recognition. By It, we can do all things”.

**Related Tape: 367B** - “Knowing God Aright”

## **6. A universal ignorance**

“The universal ignorance which would separate people from understanding, apprehending, and demonstrating the message of The Infinite Way, is not a personal limitation; it has nothing to do with a person’s education or his lack of it, with his religious training or his lack of it: It has to do with a universal ignorance, a universal mesmerism which is forever without presence and without power. Do you follow that?”.

**Related Tape: 374A** - “Man Of Earth and His Rebirth”

## **7. Abundance Is The Law**

“Abundance is supported by law, and therefore, abundance is a permanent dispensation. It is something that is as eternal as it is infinite. Count the stars in the sky and the drops of water in the ocean; count the leaves on the trees; and then understand what infinity really means and you will know what abundance is: It is the law of life— infinite, eternal. There is no law of lack and limitation”.

**Related Tape: 342A** - “Freedom, Abundance and Health”

## **8. Secret Of Healing**

“Since we already live and move and have our being in God, we do not have to seek or search for remedies, for treatments, or for prayers. All we have to do is to sit still, or stand still, or lie still, and realize: “Thank you, Father, it is done.” Be not afraid. In any situation, “be not afraid; it is I. I am in the midst of you; I am with you; I will never leave you nor forsake you.”

**Related Tape: 383A** - “Healing Principles of the Infinite Way”

## **9. Only One Demonstration**

“As we abide in the conscious realization that it is the Father’s good pleasure to give us the kingdom, we shall not try to influence God. We shall open our consciousness so that the infinity, the wisdom, and the love of God may find an outlet through us. As long as we think of prayer or treatment as a means of elevating ourselves to that state of consciousness in which we can be receptive to the activity of God, or an instrument for the activity of God, then the prayer or the treatment can take any form that suits us at the moment; but the very moment that prayer and treatment are used for the purpose of enlightening or influencing God, then prayer and treatment are amiss.”

**Related Tape: 376B** - “The Virgin Consciousness”

## **10. Divine Flow**

“Bear witness to God in action: Do not try to make God act; do not try to bring God to the scene; do not try to use God; do not try to influence God; do not try to use truth in any way or for any purpose. Bear witness to Its omnipresence; bear witness to Its omnipotence, Its omniscience; be a beholder of It in action”.

**Related Tape: 374B** - “One”

## **11. True Measure of Gratitude**

“The Infinite Way is a healing message. This message brings healing to all those who are receptive and responsive to it, and since everyone is seeking healing, it must spread in proportion as you are able to be the light, and you are able to be that light in proportion to the amount of time and effort you give to communion. That is the measure

of your gratitude”.

**Related Tape: 548A** - “Prayer Spiritually Understood”

## **12. Christ Healing**

“To heal through Christ-consciousness, it is necessary to transcend thought. Even though a meditation begins as a contemplation of Truth, it must rise into the higher realm of silent awareness before the healing can be accomplished. To begin a healing meditation, we become a state of receptivity, listening for what may be revealed from within”.

**Related Tape: 558** - “Instructions for Infinite Way Practitioners”