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## The Infinite Way - Principles & Practices for Consciousness

The exploration of consciousness in *The Infinite Way* is founded upon key principles and practices that form a whole:

### 1. Recognizing the Nature of God as One Power (Omnipresence, Omniscience, Omnipotence)

The foundation of the teaching is the realization that **God is the only power**—infinite, everywhere present, and all-acting. This truth dissolves the belief in a secondary power of evil, matter, or mind that can act independently of God.

## 2. Identifying the Nature of Individual Being as Divine

Realize that the **individual Self is an expression of God**, with the "Kingdom of God within." The *I* of your being is the "Infinite God consciousness." This is the realization that "I and my Father are one."

## 3. Understanding the Nature of Error

Error (discord, disease, lack) is seen as **universal mesmerism**—a misconception, a belief in "two powers," and not a reality or power that needs to be fought or overcome. This leads to the practice of **non-resistance**.

## 4. Practice of Meditation

**Meditation is the foundational practice.** It's the conscious turning within to be still, letting the mind quiet down so that the **Presence of God** (or the Christ) can be felt and **impartation** (direct revelation of truth) can come from within.

## 5. Practicing the Presence of God

This is the daily, hourly application of the principles. It means maintaining the **consciousness of God's Presence**—not just as an intellectual idea, but as a felt reality—in every moment and situation, thereby **living by Grace** rather than human effort.

## 6. "Remolding" Consciousness

This involves consciously correcting deeply ingrained false beliefs and old conditioning (the "letter of truth") until the truth "**falls from the head into the heart**" and becomes a spontaneous, realized state of being.

## 7. Non-Resistance and Impersonalization

Instead of fighting or resisting error, you **deny it a place in consciousness** by impersonalizing it—seeing it as a universal, unreal mesmeric suggestion rather than a personal power or problem—and return to the realization of the absolute perfection of God's being.

## 8. Realization of Truth (Spiritual Consciousness)

The goal is to move beyond intellectual understanding to the **direct, inner realization or experience** of the truth—the full experience of the indwelling Presence, which transforms one's life into a demonstration of peace, harmony, and wholeness.

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# Noetic Science - research framework for **Consciousness Transformation**

Here is one way to express the exploration of consciousness in an 8-step Noetic Science framework, bridging objective research with subjective, transformational experience. A progression that aligns with Joel Goldsmith's Infinite Way.:

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## Exploring Consciousness (Noetic Framework)

This framework combines the study of "Noetic Experiences" (direct knowing/intuition) with the process of personal and collective transformation, which are key areas of IONS research.

Step	Noetic Science Concept	Goldsmith Principle Analogue	Focus / Outcome
1.	Induce/Access Noetic Experience	Practice of Meditation	Intentionally shift state (meditation, practices, ceremony) to access <b>inner knowing</b> or direct, intuitive insight beyond the five senses.
2.	Subjective Phenomenological Assessment	"The Truth Falls into the Heart"	Clearly and accurately <i>label</i> the subjective experience (e.g., sense of unity, profound peace, direct knowing) without intellectual distortion.
3.	Investigate Interconnectedness	God as One Power (Omnipresence)	Explore the felt reality that consciousness is not confined to the body/brain, examining evidence for <b>non-local</b> or universal consciousness.

4.	<b>Delineate Extended Human Capacities</b>	<b>Identifying the Divine Self</b>	Study and develop what are often called "psychic" or "anomalous" abilities (e.g., intuition, healing) as natural functions of an expanded consciousness.
5.	<b>Assess Intention and Attention Impact</b>	<b>Practicing the Presence/Conscious Correction</b>	Rigorously study how conscious <b>intention</b> and <b>attention</b> influence the mind, body, and external reality (Mind-Matter Interaction).
6.	<b>Integrate the New Knowledge</b>	<b>Remolding Consciousness</b>	Incorporate the noetic insights into daily life, replacing old, dualistic worldviews with a <b>unified, non-dual</b> perspective.
7.	<b>Measure Transformation &amp; Well-being</b>	<b>Realization of Truth (Living by Grace)</b>	Quantify and qualify the resulting positive, lasting change in the individual (improved health, reduced anxiety, greater compassion/service).

8.	<b>Apply to Collective Consciousness</b>	<b>Embodying the Christ Consciousness</b>	Extend the transformed awareness outward to influence the <b>collective field</b> —using conscious practices for social innovation, global well-being, and positive change.
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### Key Synthesis:

The core difference is in the language:

- **Goldsmith** uses spiritual language (God, Christ, Mesmerism, Grace) and emphasizes *realization* through non-intellectual surrender.
- **Noetic Science** uses scientific language (Non-local, Phenomenological, Mind-Matter Interaction, Transformation Model) and emphasizes *studying* and *validating* subjective experience to create a new paradigm.

Both paths fundamentally involve moving from an isolated, purely material identity toward an **interconnected, intuitive, and consciously engaged state of being**.