

ROSA MYSTICA



Welcome

Welcome to "Rosa Mystica" - Reason & Rhyme: sharing the transforming Passion of Poetic Mind. Your poetic summer journey starts here. This dynamic document offers resources and exercises to explore beyond previous perceived boundaries. Discover the newness of your mind and to enjoy its limitlessness. To take part in the Beauty that is your divine nature. Have a pleasant journey!

Rosa Mystica

Just that you know. The title "Rosa Mystica" is officially found in the Litany of Loreto, a traditional litany of invocations to the Blessed Virgin Mary, which was written in 1587.

Starting point

In eight meetings we cross seven continents and use the poetry of the seven continents on earth as a starting point. The mystical poems per continent will help you to be inspired to write poetry that originates from that continent, with its own taste, feeling, atmosphere, symbols, language and more.

Travel Plan

The sequence of the continents as we will “travel” is presented in this world map:



Meeting dates

Here is an overview of the dates that we will meet. The assignments and inspirational resources will appear in this document as we “travel”.

| DATE | SUBJECT | TIME |
|-------------------|--------------------------|-----------------------------|
| 11th of June 2025 | Asian Poetry | 8am PST/10am CST/5pm CET |
| 18th of June | African Poetry | 8am PST/10am CST/5pm CET |
| 25th of June | North American Poetry | 8am PST/10am CST/5pm CET |
| 2nd of July | South American Poetry | 8am PST/10am CST/5pm CET |
| 16th of July | Antarctic Poetry | 8am PST/10am CST/5pm CET |
| 30th of July | European Poetry | 8am PST/10am CST/5pm CET |
| 13th of August | Australian Poetry | 8am PST/10am CST/5pm CET |

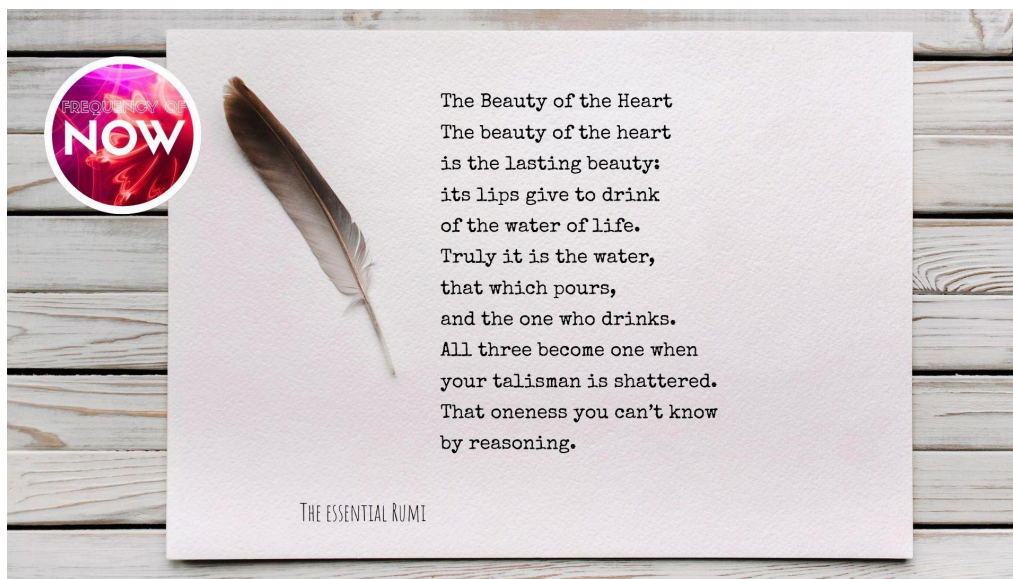
| | | |
|----------------|----------------|-----------------------------|
| 20th of August | Your Continent | 8am PST/10am CST/5pm CET |
|----------------|----------------|-----------------------------|

Continent 1: Asia - 11th of June 2025

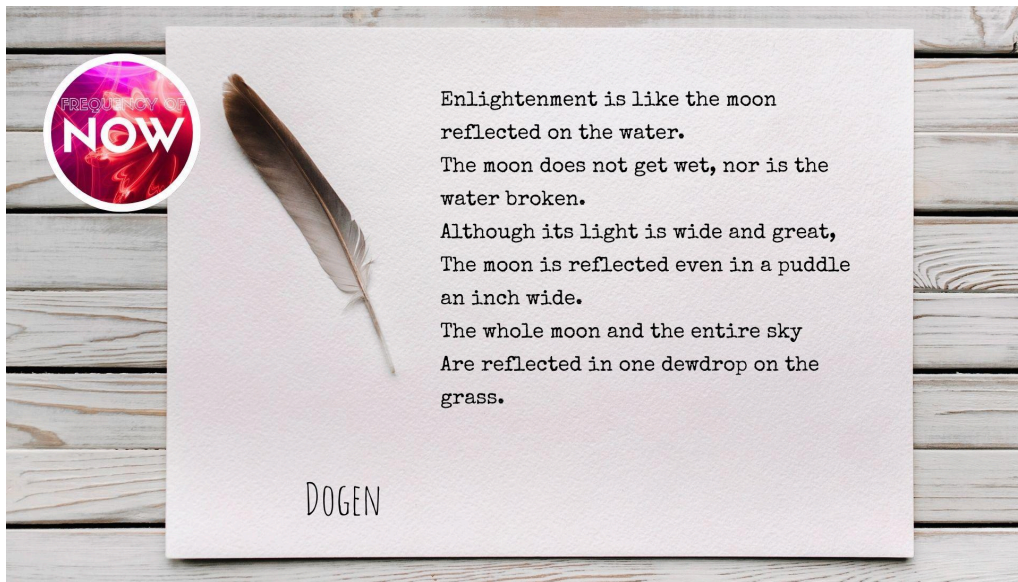
Mystical Asian verse & Poetry

Specific Examples and Their Nuances:

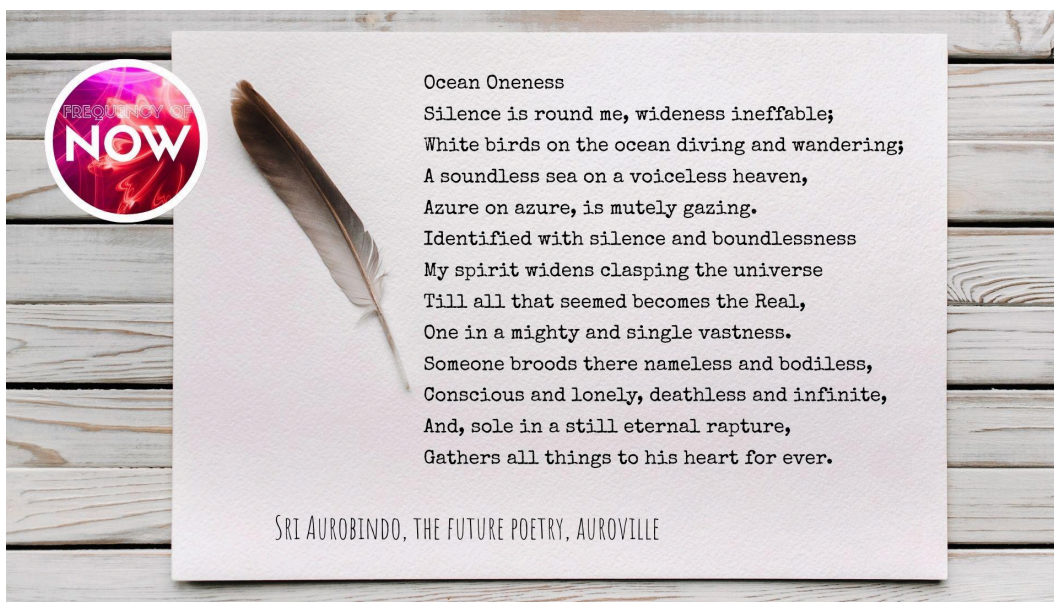
- **Sufi Poetry (Persia, India, etc.):** Characterized by themes of divine love, intoxication, separation, and union, often using metaphors of wine, the beloved, the tavern, and the madness of love. Rumi is a prime example:



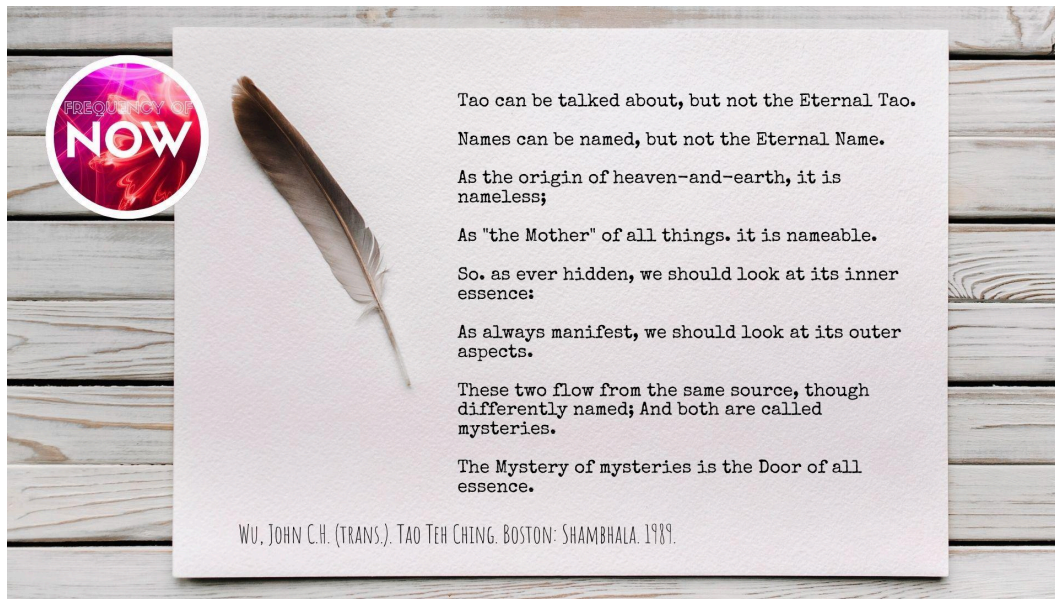
- **Zen Poetry (China, Japan):** Emphasizes direct experience, natural imagery, quiet contemplation, and the sudden flash of insight (satori). Often characterized by simplicity, understatement, and a focus on the immediate moment. Here a poem by Dogen:



- **Bhakti Poetry (India):** Focuses on intense personal devotion and love for a particular deity (e.g., Krishna, Shiva), often challenging social hierarchies and rituals. Poets like Kabir and Mirabai are known for their passionate and often rebellious verses. And poetry as a direct expression of yogic experiences and spiritual insights. Here is an example from Sri Aurobindo:



- **Classical Chinese Poetry (with mystical undertones):** While not exclusively mystical, many Chinese poets (influenced by Taoism and Buddhism) explored cosmic themes, communion with nature, inner tranquility, and the ineffable "Tao." A Tao poem you see below:



Getting Practical with Mystical Asian Poetry

Deeper look

We will take a deeper look at the poetry of Sri Aurobindo. Who is Sri Aurobindo? He is an enlightened Master. In 1910, he fled to the French colony of Pondicherry to escape further British persecution. There, he devoted the rest of his life to developing his unique spiritual teaching and practice, which he called Integral Yoga.

Inspiration

The document shared is the inspiration for the assignment download it as you wish.

[THE FUTURE POETRY - Sri Aurobindo](#)

Practice

The rhyme schemes that are used in some of the poetry is:

A - B - B - A, example:

*I discover the inner **light***

*It stirs happiness in **me***

*Reason is gone I just **be***

*Vision is my new **sight***

A - A - B - B, example:

*I discover the inner **light***

*A new vision so **bright***

*Darkness has gone **away***

*Now I walk a new **way***

ASSIGNMENT

- Start with taking a good look at the poetry above
- Listen to it with your whole Being
- Write some poems using the rhyme schemes above, whichever one works best for you
- Consider how you want to present this in the meeting
- Prepare yourself for a presentation