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# Mortal Man's Guide to Enlightenment

## "The Zen Patriarch"



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2025

Zen and the Art of Healing

**Miracles - Zen**

# Introduction

The next in the series of Mortal Man's Guide to Enlightenment is "The Patriarch".

Someone asked, "*What is the Reverend's house style?*" The Master said,

*"Flowers fall from my love for them; weeds grow from my hatred of them."*

The zen expressions or koans might be familiar to you. One popular example is "What is the sound of one hand clapping.." There are so many more. And.. they are lovely to take a look at and get the 'hang' of it.

**Is that helpful in your awakening?** Everything in awakening is used for your transformation. To use expressions of the Zen tradition on our spiritual path doesn't change the purpose of the path. It is just a different way of listening or seeing that might reveal an important aspect in your realisation of universal truth by experience.

*"A desert is a desert is a desert". (Urtext A Course in Miracles)*

## Miracles - Zen

### Scripts we use

Scripts that will be used are that of the Urtext Manuscripts of A Course in Miracles and "Treasury of the True Dharma Eye" by Dogen's Shobdgenzo.

1. **The Urtext Manuscripts of A Course in Miracles** we have used in "The Miracle Worker" and other series. ([See lwihub.com](http://www.lwihub.com) for more information and download the [Urtext](#))
2. **"Treasury of the True Dharma Eye" by Dogen's Shobdgenzo:** most commonly used title to refer to the collection of works written in Japan by the 13th-century Buddhist monk and founder of the Sōtō Zen school, Eihei Dōgen.

Just to clarify some of the Zen terms that will be used along the way.

**What is a Zen Patriarch?** A patriarch can be described as "ancestral master" or "founding master". Words like these stem from the English translation of the Japanese or Chinese zen scripts available.

**What is dharma?** The nature of reality is regarded as a universal truth taught by the Buddha; the teaching of Buddhism.

*"all dharmas are forms of emptiness"*

**What is a koan?** A paradoxical anecdote or riddle without a solution, used in Zen Buddhism to demonstrate the inadequacy of logical reasoning and provoke enlightenment.

## Practices we perform

In this series we use a new practice. In fact we speed up our listening by slowing down. This is not listening to texts or expressions. This is experiencing the expressions by letting them come to life in you. Letting them reveal themselves to you..

### 1. The Miracles-Zen practice:

- It is a meditation where you sit (Zazen)
- After a short introduction with a Zen koan or some expressions from "the true dharma eye"
- There is silence and you go within
- Every 3 minutes you will hear a bell, followed by a musical Miracles - expression
- In the meeting we immediately start this cycle of silence and every 3 minutes a miracles expression.
- In the first session the duration is about 15 minutes
- later during the end of the meeting in the second session the duration is about 30 minutes

### 2. The Zen-Tabernacling (30 min.)

- It is a meditation where you sit (Zazen)
- A short prelude with Singing Bowl music
- There is silence and you go within
- Every 7 minutes you will hear a bell
- Ending with some bamboo flute improvisation

### 3. The Zen Patriarch:

- Readings and inspiration of the early Zen Patriarchs scripts example [The Great Way](#)

### 4. The Treasury of the Christ

- Readings and inspiration of specific 'treasury' lessons of A Course in Miracles. To recognize and realize what is given and is already yours:
- Example from the Workbook Lesson 159 an excerpt:
- *W 159 L 6. This is the Holy Spirit's single gift; the treasure house to which you can appeal with perfect certainty for everything that can contribute to your happiness. All are laid here already. All can be received but for the asking. Here the door is never locked, and no one is denied his least request or his most urgent need. There is no sickness not already healed. No lack unsatisfied, no need unmet, within this golden treasury of Christ.*

# The planning

## Regular - MEETING - DATES

Dates	MEETING	TIME
20th of February 2025	1	10 am PST/ noon CST USA/Canada/ 7pm CET
27th of February	2	10 am PST/ noon CST/ 7pm CET
13th of March*	3	<b>11 am PST/ 1pm CST/ 7pm CET</b>
20th of March*	4	<b>11am PST/ 1pm CST/ 7pm CET</b>
27th of March*	5	<b>11am PST/ 1pm CST/ 7pm CET</b>
3rd of April*	6	10am PST/ noon CST/ 7pm CET
10th of April*	7	10am PST/ noon CST/ 7pm CET
17th of April*	8	10am PST/ noon CST/ 7pm CET

\*Daylight Saving USA/Canada

## Extra - MEETING - DATES:

**Extra Miracle Zen - sessions coming up.** These are half hour sessions according to the Miracles-Zen 'tradition'. You could call it "Zen Tabernacling"

MONTH	DATES	TIME
February 21,25, 28	Zen Tabernacling	7 am PST/ 10am CST USA/Canada/ 4pm CET
March 4, 7,	Zen Tabernacling	7 am PST/ 10 am CST/ 4pm CET
March* 11, 13, 18, 21, 25, 28	Zen Tabernacling	<b>8 am PDT/ 11am CDT/ 4pm CET</b>
April** 1,4, 8, 11, 15, 18	Zen Tabernacling	7am PDT/ 10am CDT/ 4pm CDT

\*USA/Can Daylight savings 10th of March \*\*Daylight sav.starts in Europe 30th of March

## The meetings

- We online on Zoom.
- [ZOOM LINK IS HERE](#)
- Regular **Zen Patriarch Meetings** are 1.5 hrs
- The **Zen Tabernacling Sessions** are 30 minutes

## More information

- To take part in “The Zen Patriarch” and the “Zen Tabernacling” we ask you to consider a donation.
- The suggested donation for the **Zen Patriarch** event is \$100.
- The sugg. donation for the **Zen Tabernacling** is \$40
- This series of meetings is open to anyone who wants to be inspired to experience a deep inner stillness, using miracles (meditation) and zen practices as a means.
- Still questions here, write to [wim@iwihub.com](mailto:wim@iwihub.com)
- Sign up: [wim@iwihub.com](mailto:wim@iwihub.com)
- [Or go to the website](#)

## RESOURCES

- [A Course in Miracles - Urtext Manuscripts](#)
- [The Treasury of the True Dharma Eye](#)
- [The Great Way](#) - 3rd Patriarch of Zen
- more to follow...