

anthology

Of Enlightenment

Summer
SESSIONS



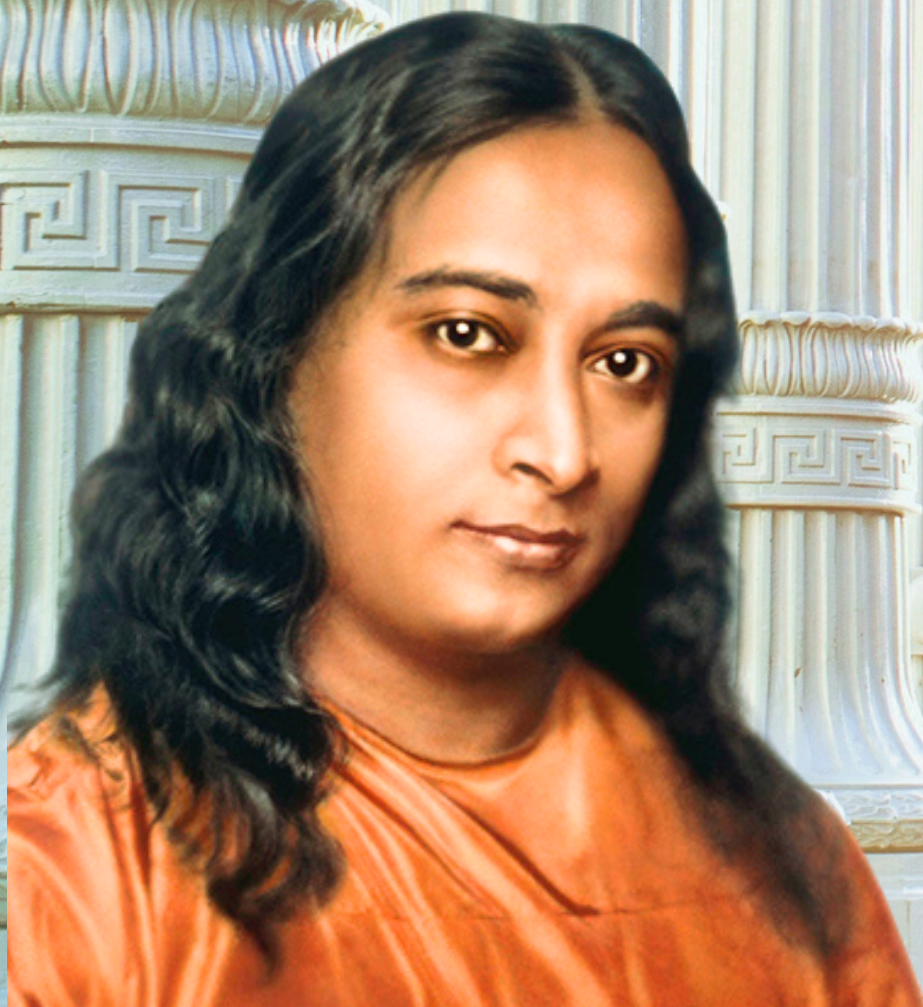
Paramahansa Yogananda

anthology

Of Enlightenment

Summer
SESSIONS

Yogananda



Paramahansa Yogananda (born Mukunda Lal Ghosh; January 5, 1893 – March 7, 1952) was an Indian-American Hindu monk, yogi and guru who introduced millions to meditation and Kriya Yoga through his organization, Self-Realization Fellowship (SRF) / Yogoda Satsanga Society (YSS) of India – the only one he created to disseminate his teachings. A chief disciple of the yoga guru Swami Sri Yukteswar Giri, he was sent by his lineage to spread the teachings of yoga to the West. He immigrated to the US at the age of 27 to prove the unity between Eastern and Western religions and to preach a balance between Western material growth and Indian spirituality. His long-standing influence in the American yoga movement, and especially the yoga culture of Los Angeles, led him to be considered by yoga experts as the "Father of Yoga in the West". He lived his last 32 years in the US.

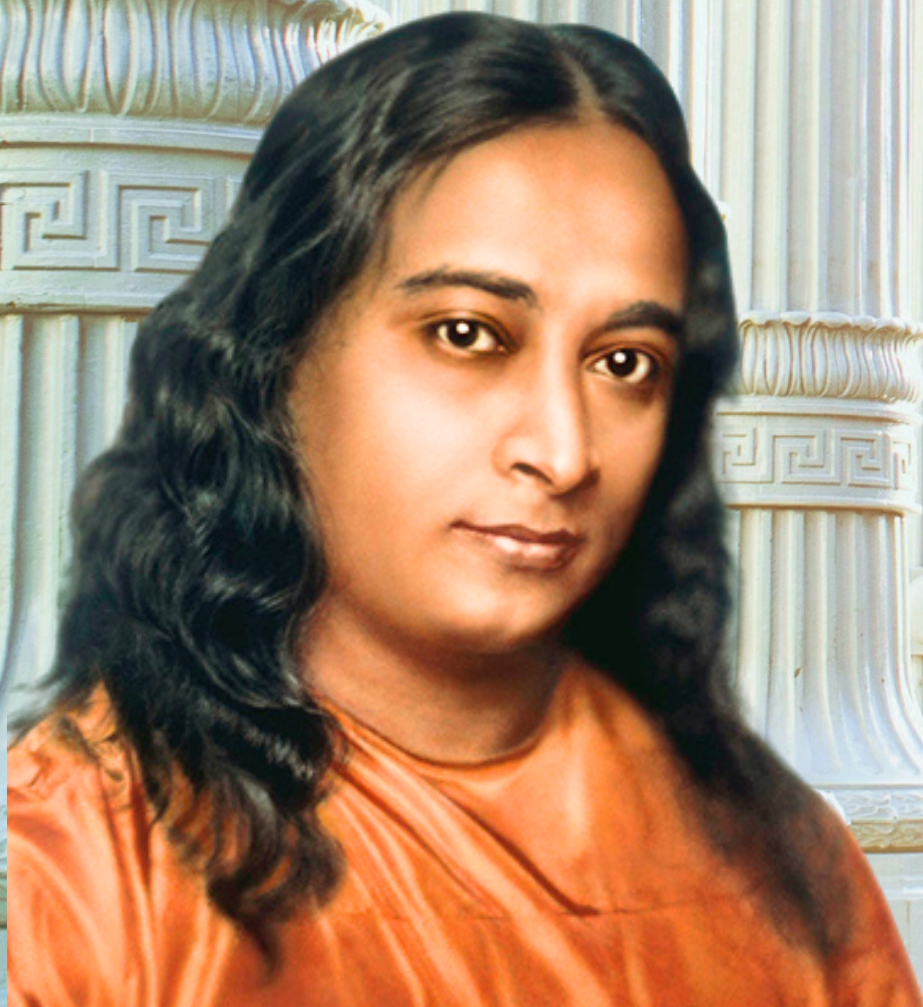
(Wikipedia)

anthology

Of Enlightenment

Summer
SESSIONS

Yogananda



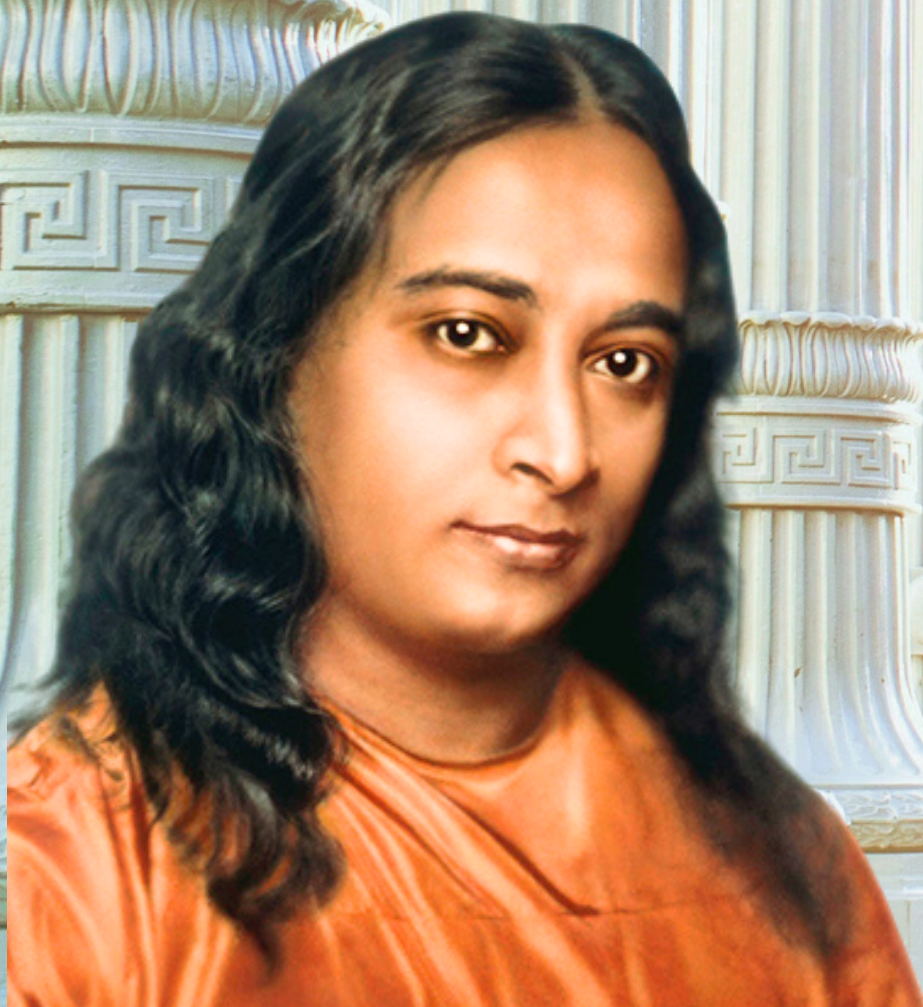
Herein Jesus spoke of the inner Jerusalem of Self-Realization, the sacred mountain of meditation, where true Souls, devout devotees of God, worship Him in the temple of true Spiritual communion. Though the quiet top of mountains and holy places, sanctified by the presence of Masters, are also fit places of worship, yet they are of no use to restless, materially-minded people. Many worldly people have built temples on hilltops and lived in places of pilgrimage only to make those places dens of matter-worship. That is why Jesus said that true worshippers find God in the temple of omnipresence and worship Him not in the imaginary communion of Silence, but in the true communion of Spiritual perception.

anthology

Of Enlightenment

Summer
SESSIONS

Yogananda



Herein Jesus spoke of the inner Jerusalem of Self-Realization, the sacred mountain of meditation, where true Souls, devout devotees of God, worship Him in the temple of true Spiritual communion. Though the quiet top of mountains and holy places, sanctified by the presence of Masters, are also fit places of worship, yet they are of no use to restless, materially-minded people. Many worldly people have built temples on hilltops and lived in places of pilgrimage only to make those places dens of matter-worship. That is why Jesus said that true worshippers find God in the temple of omnipresence and worship Him not in the imaginary communion of Silence, but in the true communion of Spiritual perception.

anthology

Of Enlightenment

Summer
SESSIONS

Yogananda



God can only be found in the temple of true intuition, the tabernacle of deep meditation. Jesus distinctly spoke of the difference between the theological priestly ceremonious worship God and the saintly way of worshiping God in the temple of intuition. A gorgeous temple worth millions of dollars could not lure God by its display of wealth, although it might draw an audience of aristocratic people who love to worship God in the comfort of flesh on cushioned velvet seats.

anthology

Of Enlightenment

Summer
SESSIONS

Yogananda



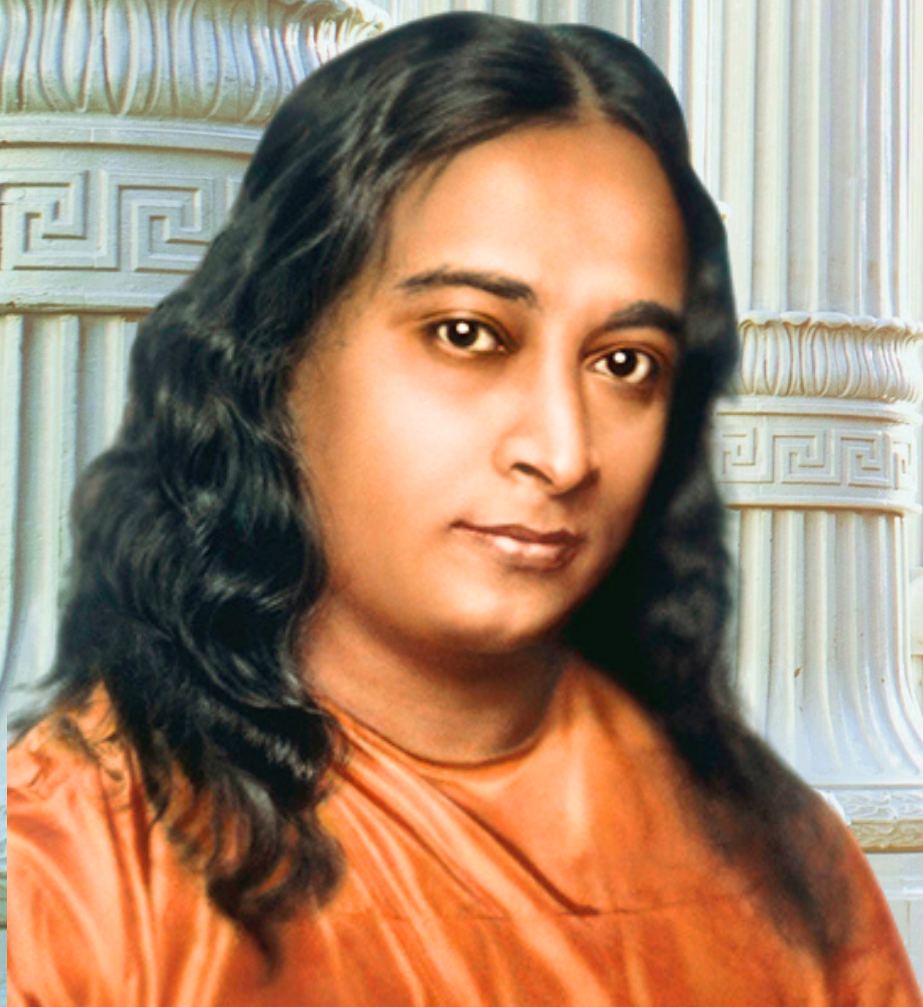
SPIRIT signifies the unmanifested Absolute present in the darkless dark and the lightless light. In the unmanifested Absolute even the categories of space, time, and dimension are non-existent. There abides only ever-existing, ever-conscious, evernew, blissful Spirit. The word GOD means the manifested, transcendental Being beyond Creation, but existing in relation to Creation. When Creation is dissolved into God, then this God becomes Spirit, the unmanifested Absolute.

anthology

Of Enlightenment

Summer
SESSIONS

Yogananda



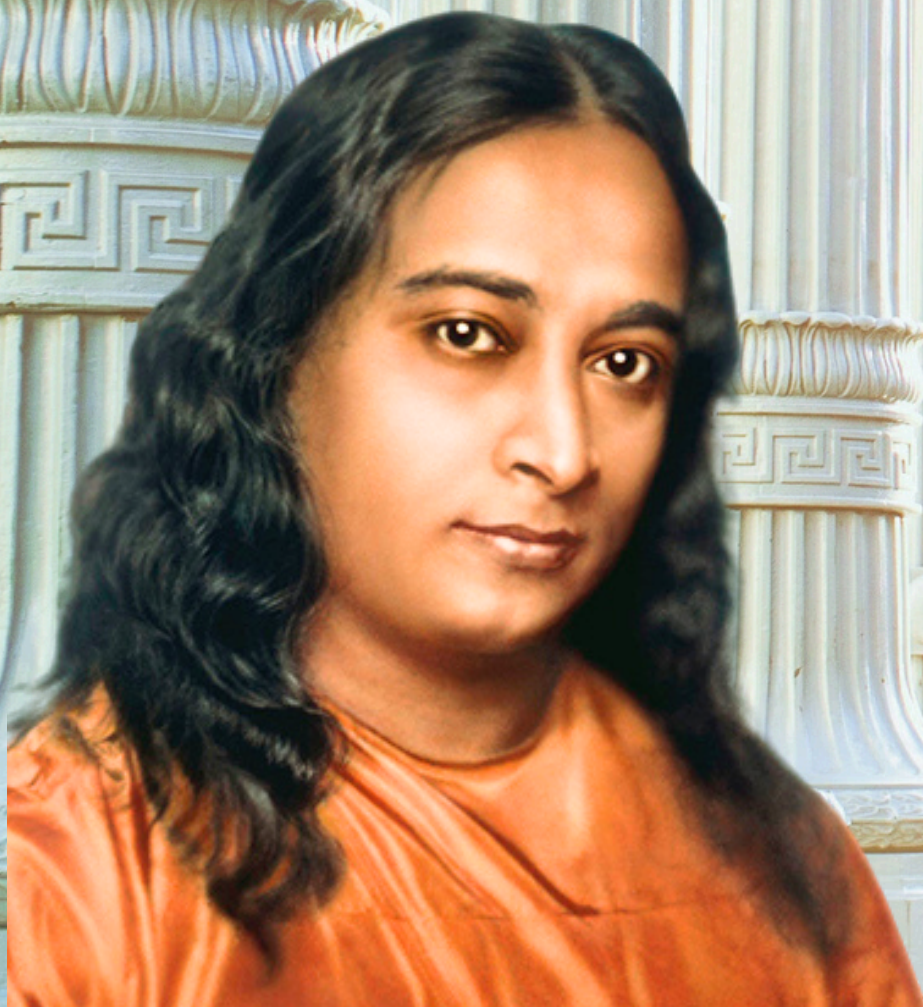
Man, being a reflection of God, is a reflection of the unmanifested Spirit. Hence, a true worshiper, if he wants to know the truth about God and himself, must know that God and his Soul are reflections of the unmanifested Absolute. That is, the Spirit, being unmanifested Absolute, wants all His true devotees to know that they are Its emanations.

anthology

Of Enlightenment

Summer
SESSIONS

Yogananda



Hence, worshippers who see God as Spirit and the only true substance existing, become emancipated. Under the sunlight, you may close your eyes and create a darkness of your own and live and move in it. When you open your eyes, darkness is no more. So, the consciousness of matter is due to our closing the eye of wisdom.