

the Purpose of time  
Miracle  
Work

Practicing the

Holy Instant



This course is not beyond IMMEDIATE learning,  
unless you prefer to believe that

## **WHAT GOD WILLS TAKES TIME.**

And this means ONLY that you would rather DELAY the recognition that  
His Will IS so. The holy instant is THIS one, and EVERY one.

The one you WANT it to be, it IS.

The one you would NOT have it be, is lost to you.

YOU must decide on WHEN it is.

Delay it not.



For beyond the past and future, in which you will NOT find it, it stands in shimmering readiness for your acceptance.

Yet you cannot bring it into glad awareness while you do not want it, for it holds the whole RELEASE from littleness. Your practice MUST therefore rest upon your willingness to let all littleness go.



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The instant in which magnitude will dawn upon you,  
is but as far away as your DESIRE for it.

As long as you desire it not, and cherish littleness instead,  
by so much is it far from you. By so much as you want it,  
will you bring it nearer.

Think not that you can find Salvation in your own way, and HAVE it.



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Give over EVERY plan that you have made for your Salvation, in exchange for God's. HIS will content you, for there IS nothing else that can bring you peace. For peace is of God, and of no-one beside Him. Be humble before Him, and yet great IN Him.

I call you to fulfill your holy part in the plan that He has given to the world, for its release from littleness. God would have His host abide in perfect freedom.

Every allegiance to a plan of Salvation that is APART from Him, diminishes the value of His Will for you in your own minds.



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And yet, it is your mind  
that IS the host to Him.

Would you learn how perfect and immaculate is the holy altar  
on which your Father has placed HIMSELF?

This you WILL recognize, in the holy instant  
in which you willingly and gladly give over EVERY plan but His.

For there lies peace, PERFECTLY clear, because you have been willing  
to meet its conditions.



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*I stand within  
the holy instant,  
as clear as you would have me.*

And the extent to which you learn to be willing to ACCEPT me,  
IS the measure of the time in which the holy instant will be yours.

I call to you to make the holy instant yours AT ONCE,  
for the release from littleness in the mind of the host of God,  
depends on willingness,  
and NOT on time.



The reason why this course is simple,  
is that TRUTH is simple.

Complexity is of the ego, and is nothing more than the ego's attempt  
to obscure the obvious.

You could live forever in the holy instant,  
BEGINNING NOW

and reaching to eternity, but for a very simple reason:

**The holy instant is a time in which you  
receive AND GIVE perfect communication.**



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This means, however,  
that it is a time in which your mind is OPEN,  
both to receive AND give.

It is the recognition that all minds ARE in communication. It therefore seeks  
to CHANGE nothing, but merely to ACCEPT everything.

How can you do this when you would prefer to have PRIVATE  
thoughts, AND KEEP THEM?

The ONLY way you COULD do this, is to DENY the perfect communication  
that makes the holy instant WHAT IT IS. You BELIEVE that it is possible to  
harbor thoughts you would NOT share, and that Salvation lies in keeping  
your thoughts TO YOURSELF ALONE.



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For, in private thoughts,  
KNOWN ONLY TO YOURSELF,  
you think you find a way to keep  
what you would HAVE alone, and share what YOU would share.

And then you wonder why it is that you are not in full  
communication with those around you, and with God,

Who surrounds  
ALL of you together.



Ask yourselves honestly,  
“Would I WANT to have perfect communication, and am I WHOLLY willing  
to let EVERYTHING that INTERFERES WITH IT, go forever?”



The necessary condition for the holy instant, does NOT require that you have no thoughts that are not pure. But it DOES require that you have none that you would KEEP.

Innocence is not of your making.

It is GIVEN you, the instant you would HAVE it.



**Lesson 340 “I can be free of suffering today.”**

*“Father, I thank You for today, and for the freedom I am certain it will bring. This day is holy, for today Your Son will be redeemed. His suffering is done. For he will hear Your Voice directing him to find Christ’s vision through forgiveness, and be free forever from all suffering. Thanks for today, my Father. I was born into this world but to achieve this day, and what it holds in joy and freedom for Your holy Son, and for the world he made, which is released along with him today.”*

Be glad today! Be glad! There is no room for anything but joy and thanks today. Our Father has redeemed His Son this day. Not one of us but will be saved today. Not one who will remain in fear, and none the Father will not gather to Himself, awake in Heaven in the Heart of Love.