All that I give is given to myself.

W-pl.126.1. Today's idea, completely alien to the ego and the thinking of the world, is crucial to the thought reversal that this course will bring about. 2 If you believed this statement, there would be no problem in complete forgiveness, certainty of goal, and sure direction. 3 You would understand the means by which salvation comes to you, and would not hesitate to use it now. W-pl.126.2. Let us consider what you do believe, in place of this idea. 2 It seems to you that other people are apart from you, and able to behave in ways which have no bearing on your thoughts, nor yours on theirs. 3 Therefore, your attitudes have no effect on them, and their appeals for help are not in any way related to your own. 4 You further think that they can sin without affecting your perception of yourself, while you can judge their sin, and yet remain apart from condemnation and at peace. W-pl.126.3. When you "forgive" a sin, there is no gain to you directly. 2 You give charity to one unworthy, merely to point out that you are better, on a higher plane than he whom you forgive. 3 He has not earned your charitable tolerance, which you bestow on one unworthy of the gift, because his sins have lowered him beneath a true equality with you. 4 He has no claim on your forgiveness. 5 It holds out a gift to him, but hardly to yourself. W-pl.126.4. Thus is forgiveness basically unsound; a charitable whim, benevolent yet undeserved, a gift bestowed at times, at other times withheld. 2 Unmerited, withholding it is just, nor is it fair that you should suffer when it is withheld. 3 The sin that you forgive is not your own. 4 Someone apart from you committed it. 5 And if you then are gracious unto him by giving him what he does not deserve, the gift is no more yours than was his sin. W-pl.126.5. If this be true, forgiveness has no grounds on which to rest dependably and sure. 2 It is an eccentricity, in which you sometimes choose to give indulgently an undeserved reprieve. 3 Yet it remains your right to let the sinner not escape the justified repayment for his sin. 4 Think you the Lord of Heaven would allow the world's salvation to depend on this? 5 Would not His care for you be small indeed, if your salvation rested on a whim? W-pl.126.6. You do not understand forgiveness. 2 As you see it, it is but a check upon overt attack, without requiring correction in your mind. 3 It cannot give you peace as you perceive it. 4 It is not a means for your release from what you see in someone other than yourself. 5 It has no power to restore your unity with him to your awareness. 6 It is not what God intended it to be for you.

W-pl.126.7. Not having given Him the gift He asks of you, you cannot recognize His gifts, and think He has not given them to you. 2 Yet would He ask you for a gift unless it was for you? 3 Could He be satisfied with empty gestures, and evaluate such petty gifts as worthy of His Son? 4 Salvation is a better gift than this. 5 And true forgiveness, as the means by which it is attained, must heal the mind that gives, for giving is receiving. 6 What remains as unreceived has not been given, but what has been given must have been received.

W-pl.126.8. Today we try to understand the truth that giver and receiver are the same. 2 You will need help to make this meaningful, because it is so alien to the thoughts to which you are accustomed. 3 But the Help you need is there. 4 Give Him your faith today, and ask Him that He share your practicing in truth today. 5 And if you only catch a tiny glimpse of the release that lies in the idea we practice for today, this is a day of glory for the world.

W-pl.126.9. Give fifteen minutes twice today to the attempt to understand today's idea. 2 It is the thought by which forgiveness takes its proper place in your priorities. 3 It is the thought that will release your mind from every bar to what forgiveness means, and let you realize its worth to you.

W-pl.126.10. In silence, close your eyes upon the world that does not understand forgiveness, and seek sanctuary in the quiet place where thoughts are changed and false beliefs laid by. 2 Repeat today's idea, and ask for help in understanding what it really means. 3 Be willing to be taught. 4 Be glad to hear the Voice of truth and healing speak to you, and you will understand the words He speaks, and recognize He speaks your words to you.

W-pl.126.11. As often as you can, remind yourself you have a goal today; an aim which makes this day of special value to yourself and all your brothers. 2 Do not let your mind forget this goal for long, but tell yourself:

- 3 All that I give is given to myself. 4 The Help I need to learn that this is true is with me now. 5 And I will trust in Him.
- 6 Then spend a quiet moment, opening your mind to His correction and His Love. 7 And what you hear of Him you will believe, for what He gives will be received by you.